

# 30

## The controls on your Opera 30 chair



### To adjust the height of the backrest

Lift trigger lever and lift backrest. Release lever to locate the backrest at the desired height.

### To adjust the amount of lumbar support

Turn Handwheel (if fitted) or squeeze bulb until lumbar support feels comfortable in the small of the back. To reduce pressure turn handwheel in opposite direction or push button above the aircell bulb.

### To adjust the angle of the backrest

Lift this lever, move the back to the desired position and release the lever/push down to lock the back.

### To adjust the height of the chair

While sitting in the chair lift this lever to set the height and then release it. Stand off the chair and lift lever to raise the chair.

### To adjust the height of the arms

Push outer button inwards and move the arm to the desired height and then release the button.

### To rotate the armpads

Push inner button inwards rotate arm. Pad locks in a straight ahead position.

### To position the armpads

Hold the pad and 'slide' forwards/backwards or sideways to the desired click stop position.

### To adjust arm support width

Push down lever (under seat under arm support) to free arm, adjust arm width and pull lever up to lock.

### To adjust the seat depth

Left hand side (under seat) pull 'SEAT DEPTH' handle upwards, hold the backrest with your right hand to push the seat forwards or pull it back.

### To adjust rocking tension

For a softer action loosen the handwheel (turn top of handle backwards), for a stronger action tighten it (turn top of handle forwards).

### For rocking action

Lift lever up for rocking. Lower lever to lock seat position.

### To adjust the seat angle

Lift lever to move seat to the required position, lower lever to lock angle.  
WARNING – Only lift this lever when sitting in the chair.

**ADVANCE SEATING** *designs*

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